	WEEK FROM DECEMBRE 23ST TO	DEC	EMBER 29TH aramark
L	LUNCH		DINNER
Α	SALAD	S	SALAD
В			PALMENTIER CREAM (7-12)
С		_	BREADED CHICKEN RABS (1-3)
D	BREADED HAKE FILLET (1-6-12)	F	SAUTTED SEA BASS WITH LEMON (4)
V	VEGETABLE PIZZA (1-7-12)	٧	PASTA WITH VEGETABLE SAUCE "PISTO" (1-3-7-12)
OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
	OP: OTHER OPTION SECOND DISH		
Α	SALAD	S	
В	"RIOJANA" SOUP (3-12)	So	
С	CHICKEN THIGH WITH ORANGE SAUCE	E	
D	SAUTEED PASTA WITH TUNA (1-3-4-7)	F	
V	PUMPKIN AND PEPPER SKEWERS	V	
OP	SQUID "LA ROMANA" STYLE	OP	
Α		S	SALAD
-			LEGUME AND CHEESE CREAM (7-12)
			BEEF AND VEGETABLE WOK (6-10-12)
D		F	GALICIAN PIE (1-3-4-7-12)
\overline{v}		V	SAUTEED VEGETABLES WITH GARLIC
OP		OP	SQUID "LA ROMANA" STYLE
Α	SALAD	ς	SALAD
			CARROT AND SWEET POTATO CREAM
		E	VEAL "FLAMENQUINES" (1-3-7)
D		F	SAILOR PAELLA (2-4-12-13)
V		V	ZUCCHINI CAKE (1-3-7-12)
OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
Α	SALAD	S	SALAD
В	WHITE BEAN SOUP (12)	_	VEGETABLE SOUP
С	` '		CHICKEN SKEWER
D	, ,		HAKE SCALLOPS (1-3-4)
V			POTATO AND ZUCCHINI OMELETTE (3)
		OP	SQUID "LA ROMANA" STYLE
Α	SALAD	s	SALAD
В	TUMACA BREAD 1-12		"APPETIZING" TOAST 1-3-7
c	CABBAGE AND CHICKEN FLAKED 1-3-7		"CAPRICHOSA" PIZZA 1-3-7-12
D	BREADED AND FRIED FISH 1-3-4	F	SALMON BEARNESA STYLE 3-4-7
V	STUFFED ROASTED POTATO 1-3-4	V	CHINESE WHITE RICE 6-12
OP	ROMAN STYLE SQUID 7-12	OP	ROMAN STYLE SQUID
Α	SALAD	S	SALAD
		So	CHICKEN AND NOODLE SOUP 1
	ISOUP WITH RFD WINF 12	1.5()	
В	SOUP WITH RED WINE 12 BEFF SHOP SUFY 6-10-12		
B C	BEEF SHOP SUEY 6-10-12	Е	"CARBONARA" PASTA 1-3-7
В	BEEF SHOP SUEY 6-10-12 SCRAMBLED MUSHROOM 3-12	E F	"CARBONARA" PASTA 1-3-7 POTATO STUFFED WITH TUNA 1-3-4-12
B C D	BEEF SHOP SUEY 6-10-12	Е	"CARBONARA" PASTA 1-3-7
	C D V OP A B C D V OP	LUNCH A SALAD B VEGETABLE SOUP (1) C SAUTÉED RICE WITH MEAT (12) D BREADED HAKE FILLET (1-6-12) V VEGETABLE PIZZA (1-7-12) OP SQUID "LA ROMANA" STYLE OP: OTHER OPTION SECOND DISH A SALAD B "RIOJANA" SOUP (3-12) C CHICKEN THIGH WITH ORANGE SAUCE D SAUTEED PASTA WITH TUNA (1-3-4-7) V PUMPKIN AND PEPPER SKEWERS OP SQUID "LA ROMANA" STYLE A B C D V OP A SALAD B PUMPKIN CREAM "CANARIAN" STYLE C AMERICAN HAMBURGER WITH CHIPS (1-3-7-10-12) D COD PORTUGUESE STYLE (4-12) V CURRY RICE WITH APPLE (7) OP SQUID "LA ROMANA" STYLE A SALAD B WHITE BEAN SOUP (12) C CUBA RICE (3-12) V NOODLES IN VEGETABLE SAUCE (1-6-7-12) OP SQUID "LA ROMANA" STYLE A SALAD B TUMA CAKE (1-3-4-7-12) OP SQUID "LA ROMANA" STYLE A SALAD B TUMACA BREAD 1-12 C CABBAGE AND CHICKEN FLAKED 1-3-7 D BREADED AND FRIED FISH 1-3-4 V STUFFED ROASTED POTATO 1-3-4	A SALAD B VEGETABLE SOUP C SAUTÉED RICE WITH MEAT C SAUTÉED RICE WITH MEAT D BREADED HAKE FILLET V VEGETABLE PIZZA V VEGETABLE PIZZA (1-7-12) V POP SQUID "LA ROMANA" STYLE OP: OP: OTHER OPTION SECOND DISH A SALAD S "RICIJANA" SOUP C CHICKEN THIGH WITH ORANGE SAUCE D SAUTEED PASTA WITH TUNA V PUMPKIN AND PEPPER SKEWERS V OP SQUID "LA ROMANA" STYLE OP SQUID "LA ROMANA" STYLE OP A SALAD S B PUMPKIN CREAM "CANARIAN" STYLE C AMERICAN HAMBURGER WITH CHIPS (1-3-7-10-12) D COD PORTUGUESE STYLE V CURRY RICE WITH APPLE C CUBA RICE WITH APPLE OP A SALAD S WHITE BEAN SOUP C CUBA RICE C UBA RICE C CABBAGE AND CHICKEN FLAKED 1-3-7 D BREADED AND FRIED FISH 1-3-4 V STUFFED ROASTED POTATO 1-3-4 V STUFFED ROASTED POTATO 1-3-4

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3.EGGS 4.FISH 5.PEANUTS 6.SOYA 7.MILK 8.TREE NUTS 9. CELERY 10. MUSTARD 11.

SESAME 12. SULPHITES 13.MOLLUSCS 14. LUPIN