

MENU FROM 18TH NOVEMBER TO 24TH NOVEMBER

		LUNCH		DINNER
MONDAY	a	SALAD	a	SALAD
	b	ONION SOUP	b	VEGETABLE SOUP
	c	MIXED MEAT PAELLA	c	MARINATED LOIN WOK
	d	GALICIAN PIE	d	STUFFED ROASTED POTATO
	v	VEGETARIAN QUICHE	v	PENNE IN TROPICAL SAUCE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
		OP: SECOND OPTIONAL DISH		
TUESDAY	a	SALAD	a	SALAD
	b	FISH SOUP WITH RICE	b	SEAFOOD CREAM
	c	SPAGUETTI WITH BACON AND SAUSAGES	c	HOT DOGS AND FRIES
	d	HAKE LOIN IN WHITE SAUCE	d	"CHERNE" (FISH) WITH LEMON
	v	PUMPKIN CAKE WITH ONIONS	v	RICE WITH VEGETABLES
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
WEDNESDAY	a	SALAD	a	SALAD
	b	LENTILS "CASTELLANA" STYLE	b	GARLIC SOUP "ARAGONESE" STYLE
	c	"BONDIOLA" (MEAT) IN MUSHROOM SAUCE	c	"EGG, SAUSAGE, RICE AND CHIPS" COMBINED
	d	SEAFOOD OMELET	d	SQUID IN SAUCE
	v	CURRY RICE	v	VEGETABLE PASTA IN LEEK SAUCE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
THURSDAY	a	SALAD	a	SALAD
	b	VEGETABLE STEW	b	SOUP WITH BEAN
	c	OVEN BAKED CHICKEN THIGH	c	BOLOGNESE PASTA
	d	SEAFOOD RICE	d	FISH AND POTATO STEW
	v	GRATIN VEGETABLES	v	VEGETABLE CAKE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
FRIDAY	a	SALAD	a	SALAD
	b	VEGETABLE CREAM	b	STEW "CANARIAN" STYLE
	c	PORK STEW	c	TURKEY AND VEGETABLE PIE
	d	BAKED "CHERNE" (FISH)	d	SAUTEED TICE WITH SQUID
	v	SCRAMBLED ZUCCHINI	v	SPINACH "ARAGONESA2" STYLE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
SATURDAY	a	SALAD	a	SALAD
	b	CHICKEN AND NOODLE SOUP	b	EGG, NOODLE AND MEAT SOUP
	c	BREADED HAM AND CHEESE "SAN JACOBO"	c	HAMBURGER
	d	PASTA WITH TUNA	d	FISH WITH CORIANDER
	v	GRATIN STUFFED PEPPER	v	VEGETABLE OMELET
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
SUNDAY	a	SALAD	a	SALAD
	b	POULTRY AND VEGETABLE BROTH	b	PEA CREAM
	c	CHICKEN AND CABBAGE PUFF PASTRY	c	CHICKEN WITH GARLIC
	d	BREADED HAKE	d	FISH IN VEGETABLE SOUP "CASUELA"
	v	CABBAGE PIE	v	SPINACH CROQUETTES
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE