MONDAY	WEKK FROM JUNE 02ND TO JUNE 08TH aramark					
B	WEEK 1		LUNCH		DINNER	
B	MONDAY	Α	SALAD 3-4-12	S	SALAD 3-4-12	
C		_				
V VEGETABLE CAKE		C				
V VEGETABLE CAKE		D		F		
OP GRILLED TUNA OP GRILLED TUNA		V				
OP: OTHER OPTION SECOND DISH		OP		OP		
TUESDAY B			OP: OTHER OPTION SECOND DISH			
TUESDAY B		Α	SALAD 3-4-12	S	SALAD 3-4-12	
TUESDAY C RIOJANA STYLE PORK CHOPS E GRILLED CHICKEN T-4-12 D OMELETTE WITH TUNA AND VEGETABLES 3-4-12 F PASTA IN SAILOR STYLE T-4-12 V EGG IN THE SPINACH NEST 3-6-7 V VEGETABLE QUICHE 1-3-7		_				
TUESDAY D						
V EGG IN THE SPINACH NEST 3-6-7 V VEGETABLE QUICHE 1-3-7	TUESDAY	_				
A RUSSIAN SALAD 3-4-7-12 S SALAD 3-4-12		V		V		
A RUSSIAN SALAD 3-4-7-12 S SALAD 3-4-7-12 S SALAD 3-4-7-12 S SALAD 3-4-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-		OP	GRILLED TUNA	OP	•	
B SWEET POTATOE CREAM So ZUCCHINI CREAM						
B SWEET POTATOE CREAM So ZUCCHINI CREAM		Α	RUSSIAN SALAD 3-4-7-12	ς	SALAD 3-4-12	
C TYPICAL "SAN JACOBOS" 1-3-7-12 E SPANISH OMELETTE 3	WEDNESDAY				-	
D SAILOR PAELLA 2-4-12-13 F BAKED CHICKEN LEG		C				
V VEGETABLES WITH HONEY SAUCE		D				
OP GRILLED TUNA		<u> </u>				
A SALAD 3-4-12 S SALAD 3-4-12		OP				
B		<u> </u>	Office Porting	<u> </u>	01112222 101111	
B		Λ	SALAD 2-4-12	c	SALAD 3.4.13	
THURSDAY				_		
THURSDAY		<u> </u>				
V	THURSDAY	<u> </u>				
A SALAD 3-4-12 S SALAD 3-4-7 FRIDAY FRIDAY A SALAD 3-4-12 S SALAD 3-4-12 B CANARIAN "RANCHO" SO VEGETABLE SOUP C GRILLED BEEF STEAK E CHICKEN BREAST 7 V RICE "THREE DELIGHTS" 3 V ZUCCHINI OMELETTE 3 OP GRILLED TUNA OP GRILLED TUNA A SALAD 3-4-12 S SALAD 3-4-12 B LENTILS "MOROCCAN STYLE" SO CHICKEN AND PASTA SOUP 1 C MEAT LASAGNA 1-3-4-12 E RUSSIAN STEAK IN SAUCE 1-3-10-12 OP GRILLED TUNA OP GRILLED TUNA SATURDAY A SALAD 3-4-12 F BAKED STOKER FISH 4 V SCRAMBLED OF VEGETABLES 3 V SAUTEED VEGETABLES WITH APPLE OP GRILLED TUNA OP GRILLED TUNA A SALAD 3-4-12 S SALAD 3-4-12 OP GRILLED TUNA OP GRILLED TUNA A SALAD 1-3-4-12 S SALAD 3-4-12 OP GRILLED TUNA OP GRILLED TUNA SUNDAY A SALAD 3-4-12 S SALAD 3-4-12 B VEGETABLE SOUP SO CHARD CREAM C BAKED CHICKEN WITH PEACH 12 E VEAL "FLAMENQUINES" 1-3-7 LASAGNA "SAILOR" STYLE 1-3-4-7-12 V CATALONIAN STYLE SPINACH 3-7-8-10 V PUMPKIN STUFFED WITH VEGETABLES 7						
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		OP	GRILLED TUNA	OP	GRILLED TUNA	

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3.EGGS 4.FISH 5.PEANUTS 6.SOYA 7.MILK 8.TREE NUTS 9. CELERY 10. MUSTARD 11.

SESAME 12. SULPHITES 13.MOLLUSCS 14. LUPIN